

Welcome to Sensation Game TM

To order: www.sensationgame.com

Sensation Game is a gentle, fun therapeutic game to help children and families feel more connected ~ to their own nervous systems, to each other, and to the world around them. It is a *sensational* game for building self-regulation skills in children and teens who have experienced a significant trauma and may feel shut down, "disconnected" or numb. Therapeutic activities include grounding, resourcing, orienting, tracking sensations, protecting boundaries, and positive social engagement. Developed by Kris Downing, LCSW, Advanced Level SE student.

"As a faculty member of the Somatic Experiencing Trauma Institute and an SEP who works with kids, I strongly endorse the Sensation Game as a valuable tool to help kids and families get in touch with their sensations and to play games that encourage face to face interaction." Maggie Kline, MFT, SEP, co-author of Trauma Through A Child's Eyes, and Trauma Proofing Your Kids

"This game is a wonderful tool to encourage children and adults to develop a relationship with their body. It incorporates building the language one can use to attune to the body. It fosters embodiment and empowerment, the gateway to resilience and healing." Ana do Valle, OTR, SEP

The complete game set includes a 100% cotton Sensation Game Bag and Mat, a variety of textured natural objects including lovely rocks and shells, crystal, feathers, wood, fur, modeling clay, a "squishy" frog, and 100 therapeutic activity cards (NEW expanded deck!), all packaged in a sturdy game box. Plus a new e-Manual for the game. The box, fabric and objects vary. Just add a shallow bowl of sand.

Sensation Game: \$59.99 Complete Set *(plus shipping 10.00 US/Canada only)*

or

Sensation Game Therapeutic Activity Card Set & e-Manual Only (NEW expanded deck of 100 activities!): \$20.50 *for those who want to collect their own objects & build a game (plus shipping 6.00 US/Canada)*

NEW! Sensations Poster TM 20" x 30" \$24.99

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